



- * Veteran Resources
- * Life Skills
- * Invocation by: Doug Williams "The Gunny"
- * National Anthem
- * Performance by The Lauer Twins
- * Music
- * C2C Gear
- * Food, Fun & Fashion

- * Spiritual
- * Social
- * Physical
- * Mental

LIVE LAUNCH & LEARN

RELAXATION

Creative Resiliency Solutions * Key Note
CHRISTINA R. SILVA

Demonstrations by:

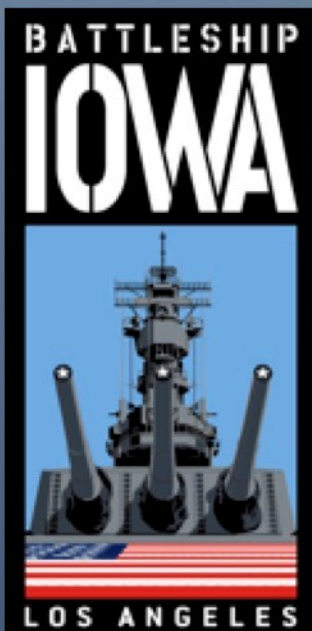
Fitness Trainer *

Robert Morden &

Sports Hypnotherapy

Robert Graves

www.esportsgalley.com



Family Fitness Festival
Saturday

December 17, 2016

12:00 - 4:00pm

Battleship USS IOWA
250 S. Harbor Drive
San Pedro, CA 90731

CRS (562) 254-5420

